LEARN TO GROW

Our Monthly Newsletter

A Gift for You

Our GROW Leadership Programme

Why not give yourself the gift of learning in 2021.
We have designed a 12 module leadership training programme covering topics such as Leading with Emotional Intelligence, Employee Well-Being, Mindfulness, Leading Through Change, Creative Problem Solving, Diversity & Inclusion, Critical Thinking, Managing Motivation, Leading Through Uncertainty, Coaching for Managers, Influence & Persuasion and Creative Thinking

GROW LEADERSHIP PROGRAMME

by Pauline Weddell

Based on feedback during 2020 from our clients we are now excited to announce the launch of our GROW (Get Ready for Opportunities at Work) programme 2021.
The programme has 12 leadership themed modules that are 2 hours in duration followed by 30 mins networking with your fellow participants. These bite sized modules are designed around busy people, who are keen to learn (or refresh) new skills. They all come with a delegate workbook and will be delivered online via Zoom - so you don't even have to leave home!
The workshops are open to everyone so it's also a great opportunity to meet people from different sectors, locations etc. and as we have built in networking at the end of every workshop a great way to build up your connections.
We are really excited about the programme and there are various options available e.g. you can pay as you go, book a block of 6 at a time or attend all 12 for a discounted rate.

GROW LEADERSHIP

WHAT'S ON OFFER?



WELLNESS BUNDLES

by Pauline Weddell



Here at Learn to Grow we have a team of highly experienced coaches who are passionate about helping employers promote the wellness of their employees.

In 2021 we are offering the following Wellness Bundles;

- Employee Engagement Booster. This is a package that focuses on increasing employee engagement. This programme focuses on individual coaching as well as online workshops.



- Mindful Managers. This programme targets line managers and educates them on how to create team environments that foster wellness. This programme consists of online workshop, group coaching and individual coaching.

- Stress Less Programme. This programme is for employers who know that stress is a major issue in their workplace, this package offers a solution. The programme includes online workshops on stress management and mindfulness sessions.



These programmes have proven very popular during 2020 and we have tailored our delivery approach to suit each organisations needs. We can run these all online (face-to-face has been possible whilst adhering to social distancing measures) on by distance learning or a combination of both. We recognise that every company is unique therefore it's vital to get the right structure for training so that the information 'sticks' with individuals.
Want to know more?

We would love the opportunity to discuss your requirements so why not contact us today on 07976 028132 or at info@learntogrow.me